

WEBINAR TALK ON CALMING ANXIETY DURING CRISIS USING NEURO-LINGUISTIC PROGRAMMING (NLP) AND TIME LINE THERAPY™ (TLT)

**11 MARCH 2021 (THURSDAY)
4:00 PM TO 6:00 PM**

SYNOPSIS

The United Nations (UN) had recently called for attention to mental health problems caused by the Covid-19 pandemic. Noting that the current pandemic is only not attacking one's physical health, it is also increasing the psychological suffering of the human kind. People from all over the world are in highly stress state, perhaps including your good self and more and more people are having panic attacks.

With this thought in mind, we are here to calm your anxiety and to move the society forward towards a new normal. We will be using powerful Neuro-Linguistic Programming (NLP) and Time Line Therapy® (TLT®) techniques in this talk by a qualified NLP and TLT® Trainer, who is certified by the American Board of NLP(ABNLP), Time Line Therapy® Association (TLTA) and a Professional Engineer herself. Thousands of people have benefited from these simple and effective techniques.



Ir. Ang Pey Char

Ir. Ang Pey Char is the Principal Consultant of Chayotho Chayolif Sdn. Bhd., an Institute of Neuro-Linguistic Programming (NLP) and Time Line Therapy™ (TLT). She is an insightful NLP and TLT trainer and therapist, who is both fun and practical. Holding on to the philosophy that everyone is endowed with great potential only to be discovered and developed. She loves leaving people feeling better than she found them. Her diverse experience in her working life of nearly 20 years made her a highly resourceful trainer and therapist. She has elevated many people to another level of greatness, ranging from clients with health issues like, insomnia, cancer, loss of hearing to family issues, business performance issues and many more. She is a Professional Engineer since 2008, trained in the field of engineering and finance, holding an MBA and a Bachelor Degree in Engineering. She is also a Professional Trainer certified by the Human Resources Development Fund (HRDF) and her company, Chayotho Chayolif Sdn. Bhd. is a qualified HRDF Training Provider.

**Jointly Organised by: Seniors Special Interest Group (SSIG)
& Standing Committee on Welfare and Service Matters**

**Registration fee
IEM Members: RM15.00
Non-Members: RM70.00**

Register now at www.myiem.org.my